

Dedham Health & Athletic Complex 200 Providence Highway Dedham, MA. 02026 781 - 326 - 2900

Code of conduct

Practice & Meet Policies

- 1. ALL swimmers must sign in at the front desk of the Dedham Health & Athletic Complex before practice, regardless of membership status.
- 2. All practice and competition facilities and its population will be treated with the utmost respect and care
- 3. Respect for self, teammates, coaches, officials, club members and staff, and opponents is required at all times.
- 4. All questions will be directed towards Dedham Health Hydras coaches, not health club personel or meet officials.
- 5. All swimmers are expected to arrive 15 minutes prior to posted meet warm-up times. Any swimmer who is late to warm-up and has not contacted a coach will be scratched from the session.
- 6. All swimmers will wear appropriate club attire to competitions (team suit, team cap, team t-shirt, etc) as determined by the coaching staff.
- 7. Only credentialed coaches, officials, volunteers, and swimmers are allowed on a pool deck during a competition.

General Policies

- 1. Any swim team member that is found using alcohol, tobacco products, or illegal drugs is subject to suspension from the club.
- 2. Any defacement or destruction of property at the Dedham Health & Athletic Complex or any away pool will not be tolerated. Costs to repair damages will be assessed to the member's family.
- 3. Stealing of any kind and under any circumstances will be cause for immediate suspension from the swim club.
- 4. Members must display appropriate team behavior at all team functions, gatherings, meets, and practices.

I have read and agree to abide by the Dedham Health Hydras Code of Conduct. I understand that non-compliance with these policies will result in disciplinary action as deemed appropriate by the coaching staff.

Swimmer Printed Name	Signature	Date
Parent Printed Name	Signatura	Doto
Parent Printed Name	Signature	Date